

Iowa Health and Wellness Plan



Purpose

The Iowa Health and Wellness Plan covers all Iowans, ages 19-64, with incomes up to and including 133 percent of the Federal Poverty Level (FPL). The plan provides a comprehensive benefit package, along with important program innovations, that will improve health outcomes and lower costs.

Medicaid Modernization is a major initiative in which the Iowa Department of Human Services (DHS) will enroll the majority of the Iowa Health and Wellness Plan members in managed care organizations (MCOs). DHS will contract with MCOs to provide comprehensive health care services including physical health, behavioral health and long term supports and services. This initiative creates a single system of care to promote the delivery of efficient, coordinated and high quality health care and establishes accountability in health care coordination. IA Health Link is the name and brand for the new managed care program.

Who Is Helped

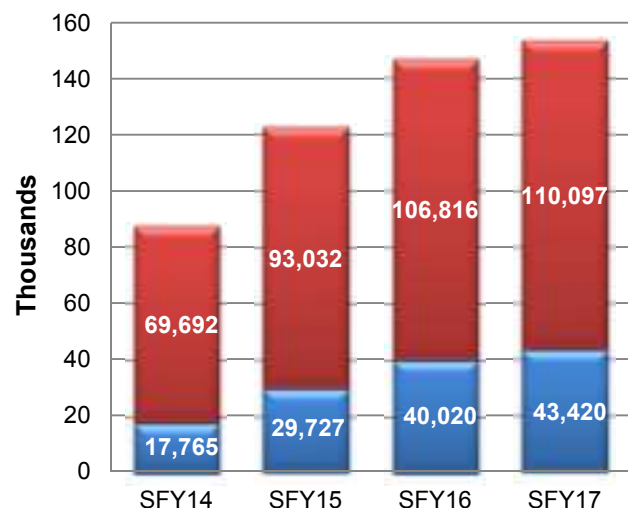
The Iowa Health and Wellness Plan expands access to health care coverage for low-income, uninsured adults.

The plan covers adults, ages 19-64 who are not otherwise eligible for comprehensive Medicaid, Medicare, or cost-effective employer sponsored insurance coverage:

- Persons with incomes 0-100 percent of FPL (\$11,770 for a family of one and \$15,930 for a family of two).
- Persons with incomes between 101 percent and 133 percent of FPL (\$11,770-\$15,654 for a family of one and \$15,930-\$21,187 for a family of two).

Iowa Health and Wellness Plan Estimated Average Enrollees

- Persons with incomes between 0 and 100 % FPL
- Persons with incomes between 101 and 133 % FPL



✓ *During SFY15, the Iowa Health and Wellness Plan served an average of 122,759 individuals that were not previously covered by a full benefit Medicaid plan.*

Services

The Iowa Health and Wellness Plan provides health care to thousands of adults who would otherwise have no access to any type of healthcare regardless of income.

- The Plan offers innovations and reform in the delivery of health care services through leveraging care coordination models.
- The Plan provides a comprehensive benefit package that ensures coverage for all of the Essential Health Benefits (EHB) as required by the Affordable Care Act (ACA).

Covered Benefits

- Ambulatory patient services (e.g. Physician Services)
- Emergency Services
- Hospitalization
- Mental health and substance use disorder services, including behavioral health treatment
- Rehabilitative and habilitative services and devices
- Laboratory services
- Preventive and wellness services
- Home and community based services for

	<ul style="list-style-type: none"> • Comprehensive health services, equivalent to the State Employee Health Benefit Package. • Robust provider network focused on primary care to assist in the coordination of health services and assist members with completing healthy behaviors. 	<p>persons with Chronic Mental Illness, equivalent to the Medicaid benefit</p> <ul style="list-style-type: none"> • Prescription drugs equivalent to the Medicaid benefit • Preventive dental services and treatment equivalent to the Medicaid benefit
Goals & Strategies	<p>✓ <i>In SFY15, 11,153 members completed a health risk assessment; 28,919 completed a wellness exam; and 6,321 completed both health behavior activities.</i></p> <p>✓ <i>Out of pocket costs can never exceed five percent of household income.</i></p> <p>✓ <i>The program provides incentives for members to engage in health and wellness activities through being able to have their monthly premiums waived.</i></p> <p>✓ <i>Members who continue to complete healthy behaviors in each 12-month period of enrollment will never be subject to the required monthly financial contribution.</i></p> <p>Under IA Health Link, DHS will enroll the majority of the Iowa Health and Wellness Plan members in managed care organizations (MCOs). This initiative is designed to create a single system of care to address health care needs of the whole person. This includes physical health, behavioral health, and long term care services and supports. Primary goals of the initiative include:</p> <ul style="list-style-type: none"> • Improved quality and access • Greater accountability for outcomes • Greater stability and predictability in the Iowa Health and Wellness Plan budget <p>Goals of the Iowa Health and wellness Plan are also designed to improve Iowan's health status:</p> <ul style="list-style-type: none"> • Collect data on social determinants of health and patient confidence, through the use of health risk assessments. • Implementing a new delivery system and payment model to promote improved care management, care coordination, and health care quality. • Implementing a unique incentive plan to encourage development of cost-conscious consumer behavior in the consumption of health care services. 	
Legal Basis	<p>The Iowa Health and Wellness Plan operates under an 1115 demonstration waiver.</p> <p>Federal:</p> <ul style="list-style-type: none"> • Section 1115 of the Social Security Act; Section 1902(a) (10) (B); Section 1902(a) (13) and (a) (30); Section 1902(a) (14); 1902(a) (23) (A); Section 1902(a)(4); Section 1902(a)(1); Section 1902(a) (34); Section 1902(a) (54). <p>State:</p> <ul style="list-style-type: none"> • Iowa Senate File 446 	